

Personal & Family Health History

Date _____

Name _____ Referred by _____

Address _____ City _____ State _____ Zip _____

Phone (H) _____ (W) _____ (C) _____

SS# _____ E-Mail _____

Date of Birth _____ Age _____ Sex ___ M ___ F

Marital Status ___ S ___ M ___ D ___ W ___ Significant Other

Occupation _____ Employer _____

Spouse/Significant Other's Name _____

Spouse/Significant Other's Occupation _____ Employer _____

Name of Children & Ages

1 st _____	Age _____	4 th _____	Age _____
2 nd _____	Age _____	5 th _____	Age _____
3 rd _____	Age _____	6 th _____	Age _____

Have YOU ever been to a chiropractor before? ___ Y ___ N Results _____

You deserve to be healthy and have a good Quality of Life. Life is a miracle and so are you. When you were created you were given all the blueprints, intelligence, tools, and systems to live an active healthy life. Unfortunately, your health can be interfered with through accidents and challenges that cause distortion to your health expression, called the atlas subluxation complex. Through your examination and through your involvement in Upper-Cervical Chiropractic care, we will work to remove these interferences to your natural health expression so that you can live the Quality of Life you deserve.

Birth Process (yours)

___ Long delivery ___ Difficult delivery ___ Forceps ___ Caesarian ___ Breach ___ Home Birth ___ Induced labor

Growth & Development

___ Head Injuries ___ Spine Injuries ___ Child Abuse ___ Fallen Down the Stairs ___ Ever Unconscious
___ Any Broken Bones ___ Vaccines ___ Other _____

Current Health Habits

___ Smoke ___ Poor diet ___ Use recreational drugs ___ Use artificial sweeteners ___ Drink alcohol
___ Take yearly flu shots ___ No exercise program ___ Have family stress ___ Have mental stress
___ Have occupational stress ___ Other _____

Current Health Condition

Reason for today's visit _____

How long have you had this symptom? __ Days __ Weeks __ Months __ Years

What activities aggravate your condition? __ Standing __ Walking __ Sitting __ Bending __ Twisting
Other _____

Is condition worse at different times of the day? __ AM __ PM __ Sleeping

Condition interfering with work __ Y __ N Sleep __ Y __ N Daily Routine __ Y __ N

Condition progressively getting worse? __ Y __ N __ Same

Other doctors seen for this problem? __ Y __ N Who? _____

Any falls, accidents or sports injuries? _____

How many Car/Motorcycle Accidents even if they were minor? Write the year of the accident(s) in the blank.

_____ Read end _____ Broadside _____ Head on _____ Thrown out _____ Rolled

Check Other Symptoms in the last 6 months or since accident.

<input type="checkbox"/> Acid Reflux	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> High/Low blood pressure	<input type="checkbox"/> Neck stiff
<input type="checkbox"/> Allergies	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Irritability	<input type="checkbox"/> Numbness in toes/fingers
<input type="checkbox"/> Balance	<input type="checkbox"/> Ears ring R L	<input type="checkbox"/> Knee pain R L	<input type="checkbox"/> Panic Attacks
<input type="checkbox"/> Bowel problems	<input type="checkbox"/> Fainting	<input type="checkbox"/> Light bothers eyes	<input type="checkbox"/> Pins & Needles in arms/legs
<input type="checkbox"/> Carpal Tunnel	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Loss of memory	<input type="checkbox"/> Shortness of breath
<input type="checkbox"/> Chest pains	<input type="checkbox"/> Feet/Hand pain	<input type="checkbox"/> Low Back pain	<input type="checkbox"/> Sinus problems
<input type="checkbox"/> Cold sweats	<input type="checkbox"/> Fevers	<input type="checkbox"/> Menstrual Cramps	<input type="checkbox"/> Sleeping problems
<input type="checkbox"/> Constipation	<input type="checkbox"/> Gas	<input type="checkbox"/> Stomach upset	<input type="checkbox"/> Depression
<input type="checkbox"/> Headaches	<input type="checkbox"/> Neck pain	<input type="checkbox"/> Tightness between shoulders	

Additional Symptoms: _____

Pregnant __ Y __ N

Explain any surgeries within past year: _____

List Medications taken for what Symptoms: _____

If you could get rid of one symptom today, maybe the symptom that brought you into our office or another symptom; to eliminate that symptom out of your life forever, the one symptom that AFFECTS your lifestyle the most, WHAT WOULD IT BE?

How long have you had this symptom? Days Weeks Months Years

When this symptom is at its absolute worst, how does it make you feel?

If you could get rid of this symptom, what would your commitment be from 1 through 10. (10 being the highest commitment, 1 being the lowest commitment) Circle 1 2 3 4 5 6 7 8 9 10

As a result of my Upper-Cervical Chiropractic care in this office, I would like to achieve: (Please check all that apply)

Symptom Relief More Energy Become More Active Healthier Spine
 Healthier Body Healthier Lifestyle Better Quality of Life

What type of care do you want?

Relief Care that is necessary to reduce or eliminate your symptoms or pain, but not the cause of it. It is the same as drying a floor that was getting wet from a leak, but not fixing the leak. This care is not recommended because the health problem is never handled, progressively getting worse over time.

Corrective Care to correct the problem by addressing the cause of why your body may not be healing, adapting or repairing that which is controlled by your nerve system. Corrective care varies in length of time, but is more lasting and improves the overall health of a person. Corrective and stabilization care goals are to enhance your Quality of Life. This care is recommended by Yardley Chiropractic.

Not Sure what type of care I want.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment and should I desire credit to be extended, I authorize any necessary credit verification. I also understand that if I suspend or terminate my care fees for professional services rendered will be immediately due and payable. I have been advised and concur, past due accounts will bear interest at 1% per month on the past due balance. I am responsible for costs required to enforce collection of my account including, but not limited to, collection fees, attorney fees and court costs. There is a \$35.00 charge for returned checks.

Practice Member's Signature or Guardian

Date _____

Do Not Write Below This Line

Do Not Write Below This line

X-Rays Y N

Consult Only

Comments _____